

*** Safeguarding Update ***

Support for Parents & Families

Sometimes families need a little extra help, advice or support. **Family Support Hubs** provide a range of early intervention services and community support for children, young people and families.

Families can **self-refer**, or schools and other professionals can help families access support.

For families in our area, the **South Eastern Trust Family Support Hub** can help you find the right support for your family.

👉 **Find out more and access support:**

<https://www.familysupportni.gov.uk/Service/2641/family-support/family-support-hub--south-eastern-trust>

Online Safety – Support for Parents & Families

Children and young people are spending more time online, and it can sometimes be difficult for parents and carers to know how best to support them.

The **Online Safety Hub**, provided by the Safeguarding Board for Northern Ireland, offers helpful advice, information and resources to help families keep children safe online. It covers topics including **social media, gaming, screen time, online bullying, online grooming, privacy and safety settings, AI and emerging technologies**, and much more.

Whether you are looking for advice, trying to understand a particular online issue, or simply want to help your child develop safe and positive online habits, the Online Safety Hub is a useful place to start.

👉 **Visit the Online Safety Hub:** [Online Safety Hub – Safeguarding Board for Northern Ireland](#)