

School Lunch Menu – Sacred Heart P.S. Dundrum

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Week beginning: 10.04.23 08.05.23 05.06.23	Golden Crumbed Fish Fillet Chips Mashed Potato Baked Beans & Garden Peas Sponge & Custard	Homemade Beef Bolognese Pasta Spirals Sweetcorn/Grated Cheese Garlic Bread Slice Vanilla Ice Cream and Jelly	Mild Chicken Curry & Naan Bread Steamed Rice/Garden Peas Chocolate Brownie & Custard	Roast Gammon with Stuffing & Gravy Mash & Roast Potatoes Carrots & Parsnip Angel Delight Strawberry Mousse	Hotdog Chips, Salad & Coleslaw Homemade Flake meal Milkshake
Week 2 Week beginning: 20.03.23 17.04.23 15.05.23 12.06.23	Oven Baked Chicken Nuggets Chips or mashed Potato Sweetcorn & Baked Beans Pear & Chocolate Sponge & Custard	Homemade Pie (Minced Beef) & Gravy Mashed Potatoes Peas & Carrots Rice Krispie Square & Milkshake	Mild Chicken Curry & Naan Bread Steamed Rice/Garden Peas Homemade Jam & Coconut Sponge & Custard	Roast Beef with Stuffing & Gravy Mash & Roast Potatoes Baton Carrots Cornflake Tart & Custard	Golden Crumbed Fish Fillet Chips/mashed Potatoes Salad Coleslaw Popcorn Cookies Fruit
Week 3 Week beginning: 27.03.23 24.04.23 22.05.23 19.06.23	Oven Baked Pork Sausages Mashed Potatoes Baked Beans & Garden Peas Ice-Cream & Pears with Hot Chocolate Sauce	Pepperoni Pizza Slice Chips, Tossed Salad & Coleslaw Zesty Orange Sponge & Custard	Mild Chicken Curry/Beef & Naan Bread Steamed Rice/Garden Peas Caramel Tart Fruit	Roast Gammon with Stuffing & Gravy Mash & Roast Potatoes Carrot & Turnip Iced Sponge with Sprinkles & Custard	Oven Baked Breaded Fish Fingers Chips Spaghetti Hoops/Garden Peas Strawberry Milkshake & Flakemeal Biscuit
Week 4 Week beginning: 03.04.23 01.05.23 29.05.23 26.06.23	Homemade Beef Bolognese Pasta Spirals Sweetcorn/Grated Cheese Garlic Bread Slice Apple Crumble & Custard	Oven Baked Sausages Chips & Baked Beans or Sweetcorn Sticky Toffee Pudding & Custard	Mild Chicken Curry & Naan Bread Steamed Rice/Garden Peas Vanilla Ice Cream Sponge Roll & Fruit Salad	Roast Chicken Fillet with Stuffing & Gravy Mash & Roast Potatoes Broccoli/Carrots Chocolate Brownie and Milkshake	Oven Baked Cod Fishcake Chips or Mashed Potato Baked Beans/Coleslaw Frozen Mousse Fruit

Breads, Milk, Water & Fresh Fruit Available Daily

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form